

Here are some tips to share with your family:

- Turn off lights and appliances when you leave each room.
- Where applicable, replace ordinary incandescent lightbulbs with compact fluorescent lightbulbs (CFLs).
- Use room air conditioners only when you're at home.
- Insulate your water heater with a thermal wrap to make sure no heat is escaping from it.
- Choose ENERGY STAR®-labeled windows that help save energy and money.
- Use the microwave or toaster oven instead of the big oven whenever possible.
- Turn off the oven right after food is cooked.
- Close curtains and blinds to keep out the sun on hot days. Open them up in winter to add warmth.
- Check attics, walls, doors, and windows to be sure they're insulated.
- Look for the ENERGY STAR label when buying new appliances and lighting.
- Substitute a 4-watt night-light or even an electroluminescent night-light (which uses less than a watt of electricity) for the standard 7-watt night-light. They use much less energy and are worthwhile substitutions, considering the long hours a night-light burns.

